

## **Reading & Video Recommendations by Michele Parrish**

### Leadership

The Leadership Challenge by Kouzes & Posner

The Other 90%: How to Unlock Your Vast Untapped Potential for Leadership & Life by Robert K. Cooper

Leadership 101 by John C. Maxwell

Relationship 101 by John C. Maxwell

The Leader in You by Dale Carnegie

It's Your Ship by Captain D. Michael Abrashoff

Guts by Kevin and Jackie Freiberg

Love is the Killer App: How to Win Business and Influence Friends by Tim Sanders

Encouraging the Heart by Kouzes & Posner

The Five Dysfunctions of a Team: A Leadership Fable by Patrick Lencioni

"Yes" or "No" The Guide to Better Decisions by Spencer Johnson, M.D.

### Managing Change

Change Able by William Daniels

Managing Transitions by William Daniels

### Vocation

Let Your Life Speak by Parker J. Palmer

Now, Discover Your Strengths by Marcus Buckingham & Donald O. Clifton

### Happiness & Fulfillment

Happiness Is A Serious Problem by Dennis Prager

The Purpose Driven Life by Rick Warren

Embracing Uncertainty: Achieving Peace of Mind When Facing the Unknown by Susan Jeffers

Forget Perfect: Finding Joy, Meaning, and Satisfaction in the Life You've Already Got by Lisa Earle McLeod

### Life Balance & Time Management

Take Time for Your Life by Cheryl Richardson

First Things First by Stephen R. Covey

The 7 Habits of Highly Effective People by Stephen R. Covey

Practicing the Power of Now by Eckhart Tolle

A Life in Balance: Nourishing the Four Roots of True Happiness by Dr. Kathleen Hall

Alter Your Life: Overbooked? Overworked? Overwhelmed? by Dr. Kathleen Hall

Forget Perfect by Lisa Earle McLeod

### Spirituality

10 Secrets of Success and Inner Peace by Wayne Dyer

Your Sacred Self by Wayne Dyer

The Power of Intention by Wayne Dyer

The Celestine Prophecy by James Redfield

The Road Less Traveled by Scott Peck, M.D.

The Road Less Traveled & Beyond by Scott Peck, M.D.

The Heart of the Soul by Gary Zukav & Linda Francis

The Unmistakable Touch of Grace by Cheryl Richardson  
The Four Agreements by Don Miguel Ruiz  
Synchronicity by Joe Jaworski

Relationships/Love

The 7 Steps to Passionate Love by William Van Horn  
The Seven Levels of Intimacy by Matthew Kelly  
Partnering – How To Love Each Other w/o Loosing Yourself by Hal & Sidra Stone  
Coming Apart by Dafne Kingma

Gender Differences

What Could He Be Thinking? How a Man's Mind Really Works by Michael Gurian  
Same Words, Different Language by Barbara Annis  
Midlife Crisis at 30 by Lia Macko & Kerry Rubin  
The Naked Truth – A Woman's Manifesto on Business & What Really Matters by Margaret Heffernan

Videos:

What the Bleep Do We Know  
The Secret